

# READY SET COLLEGE

## COLLEGE ESSAY & INTERVIEW PREP

### 9th & 10th Graders

- Learn about scholarships that you can participate in now.
- Discuss service opportunities to make you stand out.
- Learn about high school and the importance of your grades and extracurriculars.

### 11th & 12th Graders

- Discuss college opportunities.
- Learn about scholarships that you can participate in now.
- Review college application process.
- Review topics for college essays and review essays.
- Prepare for college and scholarship interviews, and college applications.

Email Sonia today to learn how she can help you in your college prep journey.



[collegerepwithSonia@gmail.com](mailto:collegerepwithSonia@gmail.com)



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## TESTIMONIALS

*"I am incredibly grateful for Ms. Sonia's mentorship. Her guidance and countless mock interviews helped me build the confidence to succeed. Thanks to her support, I received the \$50,000 Elks Most Valuable Student Scholarship and a nomination for the U.S. Naval Academy. With her coaching, I navigated interviews for top schools and was accepted to four Ivy Leagues, Stanford, Johns Hopkins, and Northwestern. I was also Maryland's only female recipient of the Jefferson Scholarship to UVA. Since 9th grade, Ms. Sonia has been an invaluable mentor, and I wouldn't be where I am today without her expertise and support."* - **Diya J., Yale University, sophomore**

*"Sonia's mentorship was instrumental in my daughters' academic success, guiding my older daughter to earn the prestigious Robertson Scholarship to Duke and UNC Chapel Hill in 2018. From 2019 to 2023, she mentored my younger daughter, helping her gain acceptance into seven of the top 10 colleges in the U.S. Her coaching also played a crucial role in their success in the Distinguished Young Women program, where both won state interview titles. Most recently, Sonia's expert guidance helped my older daughter secure acceptances to four medical schools on the East Coast, and I am deeply grateful for her unwavering support."* - **Kusum J., (parent)**

*"I can't begin to express how much Sonia has done for me. Her coaching has transformed me into a confident, poised, and prepared individual. Sonia brings kindness, care, and unwavering support to everything she does, and I'm beyond grateful for her guidance."* - **Nora B., Montgomery County, sophomore**

*"Ms. Sonia is an amazing college essay coach! I wrote a couple of essays and was unsure which one to use. Ms. Sonia boosted my confidence and instead of simply choosing an essay for me, she guided me in merging different aspects of my life. Through meaningful conversations about my values, challenges, and life experiences, she helped me craft a well-written essay that truly reflects who I am. She was easy to work with and helped me put my ideas into words. I definitely saw an improvement in my essay and was very confident when submitting it in my college applications."* - **R.K., Frederick County, senior**

*"I enjoyed working with Sonia on interview prep for a scholarship competition. She has a remarkable way with words and a true talent for collaborating with others. Her encouragement and support made her a joy to work with, and with her help, I won the overall highest-scoring interview award!"* - **Jayla T., Miss Maryland's Teen Volunteer**

*"I had the great pleasure of working with Ms. Sonia as my essay coach. I had initially felt lost in the process of writing my college essay, but her help guided me towards the finish line. She displayed the qualities of an outstanding essay coach, such as being patient, encouraging, empathetic, and inspirational. I am forever grateful for her help and I recommend that others in a similar situation seek help from her as well."* - **H.G.H., Frederick County, senior**

*"Sonia helped talk through my daughters Common App essay to make help make it a topic she was comfortable writing about and then went through to give pointers to help make it stand out. She also quickly set up mock interviews and coached her once she heard that one of the schools wanted conduct one. We are so grateful to Sonia for all of her help during this stressful process."* - **S.P. (parent)**

*"Mrs. Bowie's expertise has greatly influenced the way I approached the college application process. I am so grateful for all of her help and guidance."* - **K.P., Frederick County, senior**

*"Sonia's transformative guidance helped me develop crucial interview techniques and college essays, ultimately securing full scholarships to both Duke and UNC. Her comprehensive support refined my writing skills and built lasting confidence that carried me beyond undergraduate success to acceptance at three medical schools—proof that her impact extends far beyond a single application season."* - **Sanjana J., Medical student**